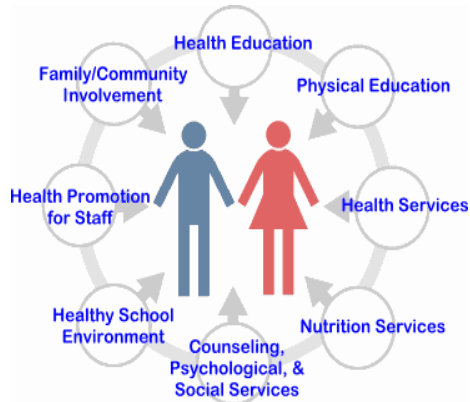


# Coordinated School Health

## K-6 Physical Education Workshop



*Wednesday, April 4, 2012*

*This workshop is co-sponsored by the Southern Indiana Education Center and Welborn Baptist Foundation.*

This workshop will introduce new physical activity games and ideas. Be sure to wear comfortable clothes and shoes as this is an interactive workshop.

Who should attend and what types of activities will be highlighted?

- Any elementary physical education teacher who is looking for new activities to increase student participation in class, improve sports skills and fitness, and improve academic achievement.
- Elementary classroom teachers who need quick activities to get students moving for short periods of time to improve brain functioning and academic achievement.
- Elementary classroom teachers who do not have the benefit of a certified physical education teacher at their school and have been charged with conducting physical education for their class.

Date: Wednesday, April 4, 2012  
Time: 9:00 a.m. to 2:30 p.m. Eastern Time  
Location: Vincennes University Jasper Campus, 850 College Ave, Jasper (Gymnasium - lower level of Ruxer Student Center)  
Cost: \$70 for SIEC/ESC members - \$100 for non-ESC members  
Includes lunch and resources binder

The workshop will be presented by Jon Day, HEROES Coordinator, of Welborn Baptist Foundation. HEROES stands for Healthy, Energetic, Ready, Outstanding, and Enthusiastic Schools. Lunch will be provided in the VUJC Campus Bistro. Participants will be awarded 5 Professional Growth Points.

Register online at: [www.siec.k12.in.us/workshops](http://www.siec.k12.in.us/workshops) by March 23.  
Questions, call the Southern Indiana Education Center at 812 482-6641.